

# Case Study report for EFT

Client ID# \_\_\_\_\_ Date \_\_\_\_\_

Therapist Name \_\_\_\_\_ Contact Phone# \_\_\_\_\_

Presenting problem \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Give a brief description of the type of drugs and degree of abuse if present for

Drugs \_\_\_\_\_ Alcohol \_\_\_\_\_

Religious background: Committed Christian \_\_\_ Spirit Filled \_\_\_ Attends Church\_\_\_

Other \_\_\_\_\_

Did they express any concerns or hesitation about EFT?

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Did you need to do a short introduction? If so describe what was done.

\_\_\_\_\_

\_\_\_\_\_

Client completed an EFT exercise \_\_\_\_ If yes include your script with this report.

Describe their experience using their key words.

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\_\_\_\_\_  
\_\_\_\_\_  
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Describe what you learned working with this client.

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What was your biggest struggle?

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What was the homework assignment?

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What materials did you suggest for followup?

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What is the action plan for your next appointment?

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